

CB-BK WE1 2026: Session: 2: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Janart Michaël

Coaches: Dewulf Bart

Coaches: Duck Chantal

Coaches: Marquillie Martine HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 400M MEDLEY WOMEN 13-14							Heat:4, starttime: 14:50	
Heat: 4/8 Lane : 3 Athlete: ROMBAUT CÉLINE							Q-time: 05:49:96	
PB (50m pool): 05:49.96 Lago Kortrijk Weide 03/05/2026			PB (25m pool): no time SB: 05:49.96 Lago Kortrijk Weide 03/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:36.86	01:20.02	02:08.29	02:52.92	03:41.41	04:29.92	05:11.66	05:49.96
	00:36.86	00:43.16	00:48.27	00:44.63	00:48.49	00:48.51	00:41.74	00:38.30
								

Coach feedback:

Event number: 10: 200M FREESTYLE MEN 13-14					Heat:3, starttime: 15:27				
Heat: 3/8 Lane : 6 Athlete: VANDEMAELE EGON					Q-time: 02:21:06				
PB (50m pool): 02:21.06 Antwerpen 08/03/2026					PB (25m pool): 02:16.74 SB: 02:21.06 Antwerpen 08/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M					
PB	00:31.88	01:08.11	01:45.01	02:21.06					
	00:31.88	00:36.23	00:36.90	00:36.05					
									

Coach feedback:

Event number: 10: 200M FREESTYLE MEN 13-14					Heat:5, starttime: 15:33				
Heat: 5/8 Lane : 1 Athlete: VANNESTE DAAN					Q-time: 02:17:13				
PB (50m pool): 02:22.57 Gent 08/02/2026					PB (25m pool): 02:17.13SB: 02:22.57 Gent 08/02/2026				
	5 0 M		1 0 0 M		1 5 0 M		2 0 0 M		
PB	00:33.01		01:09.90		01:46.56		02:22.57		
	00:33.01		00:36.89		00:36.66		00:36.01		
									

Coach feedback:

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Event number: 10: 200M FREESTYLE MEN 13-14					Heat:6, starttime: 15:35
Heat: 6/8 Lane : 7 Athlete: OLSZEWSKI MAXIME					Q-time: 02:15:35
PB (50m pool): 02:20.75 Lago Kortrijk Weide 03/05/2026					PB (25m pool): 02:15.35 SB: 02:20.75 Lago Kortrijk Weide 03/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.02	01:08.09	01:45.16	02:20.75	
	00:32.02	00:36.07	00:37.07	00:35.59	
					

Coach feedback:

Event number: 10: 200M FREESTYLE MEN 13-14					Heat:6, starttime: 15:35
Heat: 6/8 Lane : 8 Athlete: DE BAL LUCAS					Q-time: 02:16:08
PB (50m pool): 02:19.29 Olympic Pool Wezenberg, Antwer 29/03/2025					PB (25m pool): 02:20.66 SB: 02:19.29 Olympic Pool Wezenberg, Antwer 29/03/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.56	01:07.06	01:43.95	02:19.29	
	00:31.56	00:35.50	00:36.89	00:35.34	
					

Coach feedback:

Event number: 12: 400M FREESTYLE MEN 11-12						Heat:10, starttime: 17:16		
Heat: 10/12 Lane : 3 Athlete: GOEMAERE CYRIEL						Q-time: 05:13:71		
PB (50m pool): 05:13.71 Kortrijk 26/12/2025						PB (25m pool): 05:15.20 SB: 05:13.71 Kortrijk 26/12/2025		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.92	01:12.11	01:52.16	02:32.90	03:13.45	03:54.42	04:35.26	05:13.71
	00:33.92	00:38.19	00:40.05	00:40.74	00:40.55	00:40.97	00:40.84	00:38.45
								

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 13-14				Heat:1, starttime: 17:33				
Heat: 1/15 Lane : 2 Athlete: DUMORTIER ELISE				Q-time: 01:18:35				
PB (50m pool): 01:21.76 Zwembad Brigitte Becue 26/04/2026				PB (25m pool): 01:18.35 SB: 01:21.76 Zwembad Brigitte Becue 26/04/2026				
	5 0 M	1 0 0 M						
PB	00:39.96	01:21.76						
	00:39.96	00:41.80						
								

Coach feedback:

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Event number: 13: 100M BACKSTROKE WOMEN 13-14			Heat:3, starttime: 17:38
Heat: 3/15 Lane : 1 Athlete: ZEPHIRIN ASTRID			Q-time: 01:17:57
PB (50m pool): 01:19.92 Olympic Pool Wezenberg, Antwer 29/03/26			PB (25m pool): 01:17.57 SB: 01:19.92 Olympic Pool Wezenberg, Antwer 29/03/26
	5 0 M	1 0 0 M	
PB	00:38.61	01:19.92	
	00:38.61	00:41.31	
			

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 13-14			Heat:3, starttime: 17:38
Heat: 3/15 Lane : 2 Athlete: VERVENNE LOUISA			Q-time: 01:17:30
PB (50m pool): 01:22.72 Antwerpen 15/03/2026			PB (25m pool): 01:17.30 SB: 01:22.72 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:40.49	01:22.72	
	00:40.49	00:42.23	
			

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 13-14			Heat:6, starttime: 17:45
Heat: 6/15 Lane : 8 Athlete: DECUPERE LAURENCE			Q-time: 01:16:44
PB (50m pool): 01:16.44 Wezenberg 04/01/2026			PB (25m pool): 01:14.22 SB: 01:16.44 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:37.48	01:16.44	
	00:37.48	00:38.96	
			

Coach feedback:

Event number: 14: 100M BUTTERFLY MEN 13-14			Heat:4, starttime: 18:12
Heat: 4/6 Lane : 2 Athlete: VANNESTE DAAN			Q-time: 01:08:94
PB (50m pool): 01:10.62 Antwerpen 08/03/2026			PB (25m pool): 01:08.94 SB: 01:10.62 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:33.06	01:10.62	
	00:33.06	00:37.56	
			

Coach feedback:

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Event number: 14: 100M BUTTERFLY MEN 13-14							Heat:6, starttime: 18:16		
Heat: 6/6 Lane : 5 Athlete: PICEU SEPPE							Q-time: 01:04:79		
PB (50m pool): 01:04.79 Antwerpen 08/03/2026				PB (25m pool): 01:04.41 SB: 01:04.79 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M							
PB	00:30.22	01:04.79							
	00:30.22	00:34.57							
									

Coach feedback:

Event number: 15: 4x100M FREESTYLE WOMEN 13-14							Heat:2, starttime: 18:43	
Heat: 2/3 Lane : 8 Athlete: TEAM KZK 2							Q-time: 04:30:69	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: